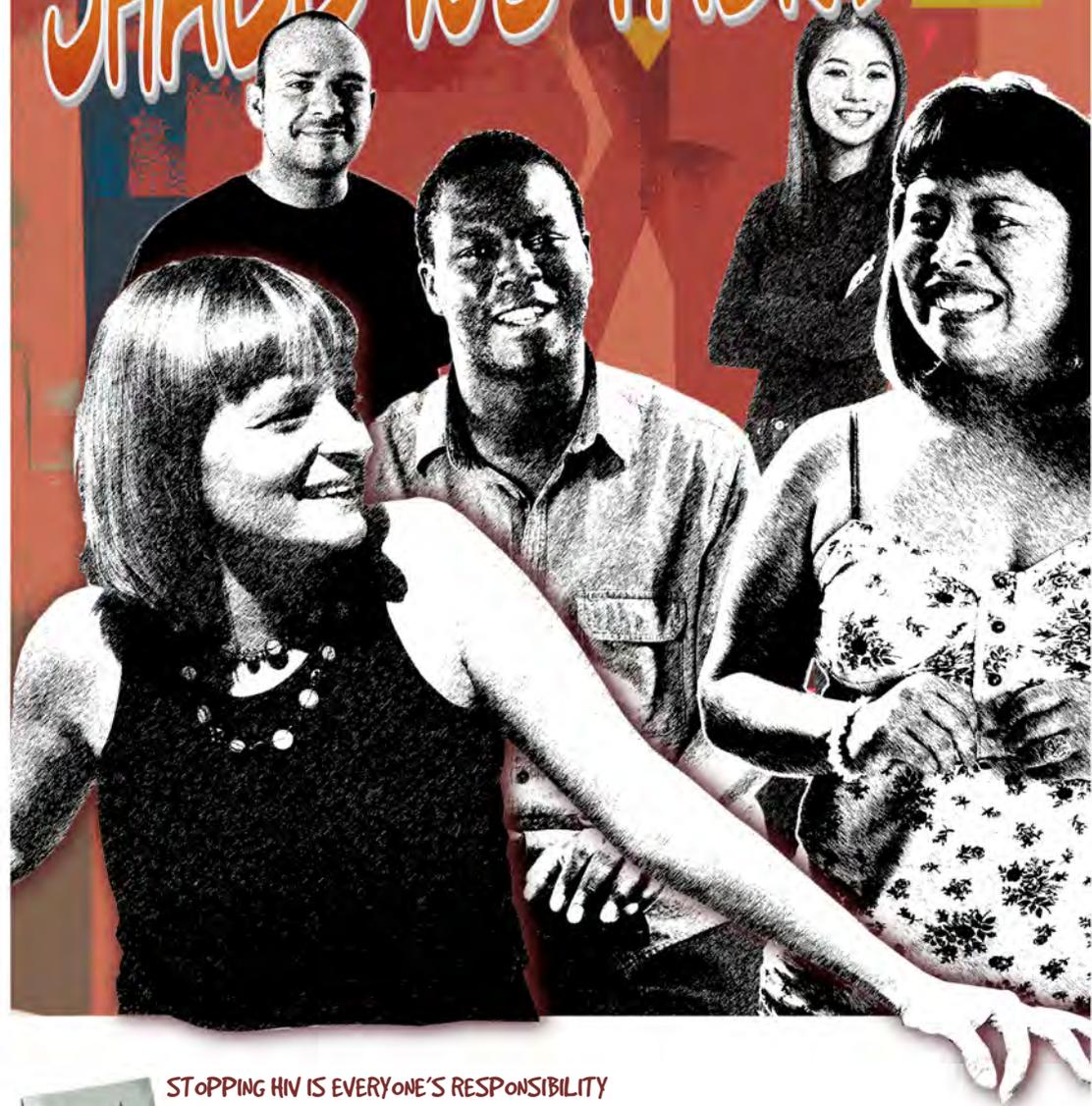


SHALL WE TALK?

nº1
FREE ISSUE



STOPPING HIV IS EVERYONE'S RESPONSIBILITY

FIND OUT MORE AND SHARE WHAT YOU KNOW ABOUT HIV

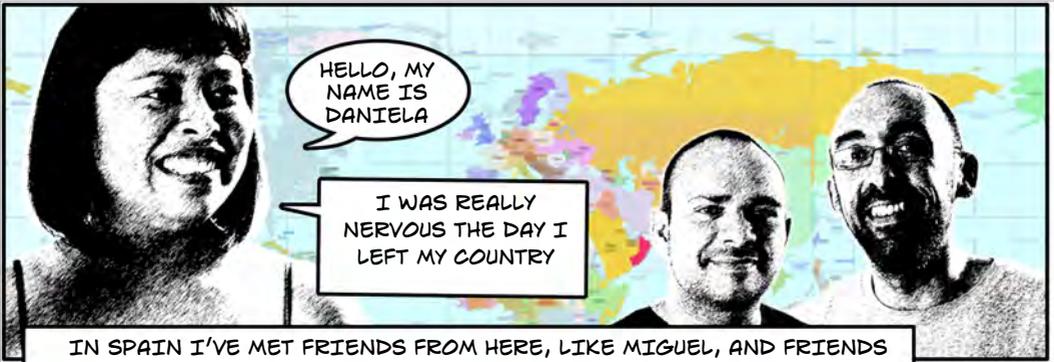


www.cruzroja.es
900 111 000

Learn about their story in this comic



www.mspsi.es



HELLO, MY NAME IS DANIELA

I WAS REALLY NERVOUS THE DAY I LEFT MY COUNTRY

IN SPAIN I'VE MET FRIENDS FROM HERE, LIKE MIGUEL, AND FRIENDS FROM MY COUNTRY, LIKE LUIS ALBERTO. THEY'RE MY FLATMATES



DANIELA, MIGUEL AND I ARE GOING TO THE RESTAURANT, BECAUSE WE'RE WORKING THE EVENING SHIFT TODAY

WHEN I FINISH THE SPANISH CLASS AT THE NGO I'LL CALL YOU, OK?

OK, BYE



IRYNA! TODAY MARKS ONE YEAR SINCE YOU STARTED WORKING HERE, RIGHT?

YES! WHO WOULD HAVE THOUGHT WHEN I ARRIVED FROM MY COUNTRY...



SO, ARE WE GOING TO CELEBRATE?

OF COURSE, MARIA. WE'LL SEE EACH OTHER AT THE NGO AFTER THE SPANISH CLASS, BECAUSE THERE'S A PARTY TODAY!



TODAY WE'RE GOING TO LEARN A LOT OF NEW WORDS BECAUSE WE'RE GOING TO TALK ABOUT HIV. THAT'S WHY WE HAVE COMPANY THIS AFTERNOON

HELLO, I'M CARMEN. I WORK AT THIS NGO AND I'M GOING TO TALK TO YOU ABOUT HIV AS A PROFESSIONAL AND ALSO AS A PERSON WITH HIV

TO START WITH, DO YOU ALL KNOW THE DIFFERENCE BETWEEN HIV AND AIDS?



???

ii??!!

???

...

???

...



AIDS IS AN ILLNESS THAT IS CAUSED BY HIV

THERE ARE MORE AND MORE PEOPLE WITH HIV THAT DON'T HAVE AIDS, BUT HIV CAN STILL BE TRANSMITTED IF YOU DON'T TAKE THE PROPER PRECAUTIONS

A PERSON CAN HAVE HIV AND FEEL HEALTHY, BUT IF THAT PERSON DOESN'T TAKE MEDICINE THE INFECTION WILL DEVELOP INTO AIDS AFTER A FEW YEARS

AND DO YOU ALL KNOW HOW HIV IS TRANSMITTED?

VIH SIDA PRESERVATIV@ PREVENCIÓN



SORRY, I WAS REHEARSING FOR THE PARTY LATER

HELLO, IBRAHIMA, WE WERE TALKING ABOUT HIV...



TELL ME, IBRAHIMA: DO YOU KNOW HOW HIV IS TRANSMITTED?

MANY CHILDREN IN MY COUNTRY ARE BORN WITH HIV

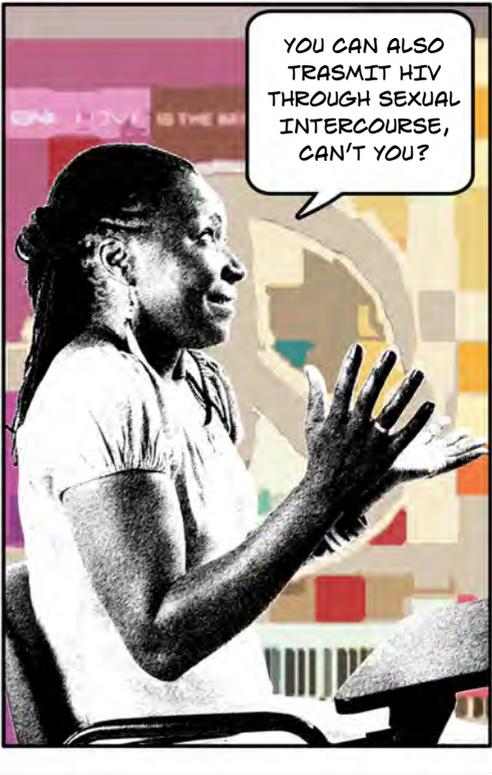
EXACTLY! HIV CAN BE PASSED FROM MOTHER TO CHILD DURING PREGNANCY, BIRTH OR THROUGH BREASTFEEDING



CAN YOU THINK OF MORE WAYS?

WELL, IN MY COUNTRY MANY PEOPLE HAVE BEEN INFECTED BY SHARING THE SAME NEEDLE

THAT'S RIGHT. ANY OTHER IDEAS?



YOU CAN ALSO TRANSMIT HIV THROUGH SEXUAL INTERCOURSE, CAN'T YOU?



YES, HIV IS ALSO TRANSMITTED THROUGH SEXUAL INTERCOURSE *WITHOUT A CONDOM*



A MALE OR FEMALE CONDOM CAN BE USED

CONDOMS ALSO HELP TO PREVENT SEXUALLY TRANSMITTED DISEASES



IF YOU DON'T WANT TO HAVE MORE CHILDREN, CONDOMS ALSO HELP TO PREVENT UNWANTED PREGNANCIES



AND, CAN YOU ALL TELL ME HOW HIV IS NOT TRANSMITTED?

IN SENEGAL THEY ALWAYS TOLD ME THAT MOSQUITOES DON'T TRANSMIT HIV

VERY GOOD! IT'S A COMMON ERROR...MORE EXAMPLES?

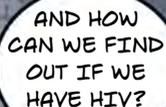


IT CAN'T BE TRANSMITTED BY KISSING

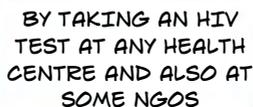
OR TOUCHING

OR HUGGING

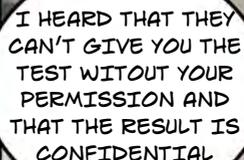
EXACTLY! THERE'S NO RISK OF TRANSMITTING HIV IN EVERYDAY CONTACT



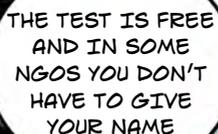
AND HOW CAN WE FIND OUT IF WE HAVE HIV?



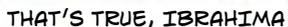
BY TAKING AN HIV TEST AT ANY HEALTH CENTRE AND ALSO AT SOME NGOS



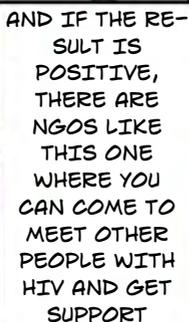
I HEARD THAT THEY CAN'T GIVE YOU THE TEST WITHOUT YOUR PERMISSION AND THAT THE RESULT IS CONFIDENTIAL



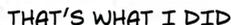
THE TEST IS FREE AND IN SOME NGOS YOU DON'T HAVE TO GIVE YOUR NAME



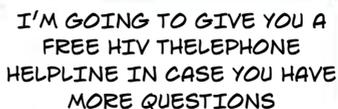
THAT'S TRUE, IBRAHIMA



AND IF THE RESULT IS POSITIVE, THERE ARE NGOS LIKE THIS ONE WHERE YOU CAN COME TO MEET OTHER PEOPLE WITH HIV AND GET SUPPORT



THAT'S WHAT I DID



I'M GOING TO GIVE YOU A FREE HIV TELEPHONE HELPLINE IN CASE YOU HAVE MORE QUESTIONS



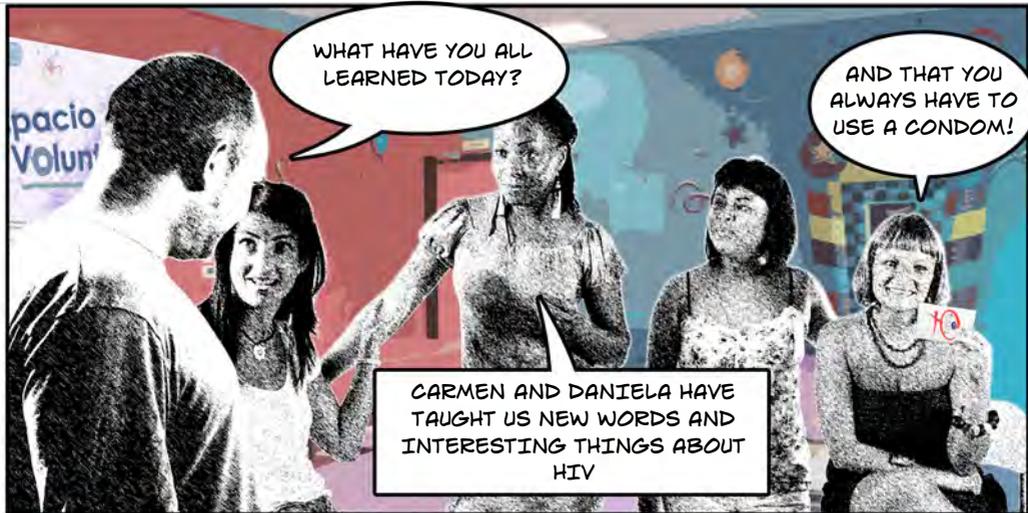
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WRITE IT DOWN!



OH YEAH! REMEMBER THAT TODAY THERE'S A PARTY AT THE NGO AND IBRAHIMA IS GOING TO PLAY



CARMEN AND DANIELA HAVE TAUGHT US NEW WORDS AND INTERESTING THINGS ABOUT HIV



SHALL WE TALK?
FIND OUT MORE AND SHARE
WHAT YOU KNOW ABOUT HIV

REMEMBER:

- ✓ PROPER CONDOM USE PROTECTS AGAINST THE TRANSMISSION OF HIV, OTHER STDs AND UNWANTED PREGNANCIES.
- ✓ IT'S IMPORTANT TO TAKE AN HIV TEST IF YOU'VE HAD UNPROTECTED SEX OR IF YOU ARE PREGNANT.
- ✓ WE ARE ALL RESPONSIBLE FOR RESPECTING AND NOT DISCRIMINATING AGAINST INDIVIDUALS WITH HIV.



FOR FURTHER INFORMATION:

Free telephone helplines in Spain:

Cruz Roja > 900 111 000 / informacionvih@cruzroja.es / www.cruzroja.es/vih/
900 ROSA > 900 601 601

Spanish HIV/AIDS NGOs Directory:

<http://www.red2002.org.es/prgm/inici.htm>

Información por comunidades y ciudades autónomas:

Andalucía	900 850 100	www.juntadeandalucia.es/salud/vih
Aragón	900 111 000	www.saludpublicaaragon.es
Asturias	985 338 832	www.pruebadeamor.org
Baleares	971176855	www.portalsalut.caib.es
Canarias	902 114 444 922 237590	www.gobiernodecanarias.org/sanidad/scs/sida.htm
Cantabria	942 207 745/732	www.saludcantabria.org
Castilla-La Mancha	900 111 000	www.jccm.es
Castilla y León	983 413 600	www.salud.jcyl.es
Cataluña	900 212 222	www.gencat.cat/salut
Extremadura	924 382 641/594	www.saludextremadura.com
Galicia	881 542 914	http://dxsp.sergas.es
Madrid	900 111 000	www.madrid.org/ / www.sitelias.net
Murcia	900 706 706	www.murciasalud.es
Navarra	848 423 396	www.isp.navarra.es
País Vasco	943 006 464	www.euskadi.net/sida
La Rioja	941 291 976	www.riojasalud.es
Comunidad Valenciana	900 702 020	www.sp.san.gva.es
Ceuta	856 205 009	www.ceuta.es:8080/sanidad/principal/
Melilla	952 976 251	www.melilla.es